

# New Massage (Minor) Patient Form

Lendrum Health Centre. 5846-111 Street. Edmonton, AB. T6H 3G1

Date: / /	
Age:	Sex:
Ph(H):	
Ph(W):	
Ph(C):	

First Name:	Last Name:	Date of Birth: / /
Address:	City/Province:	Postal Code:
Parent / Guardian		E-Mail:
AHC:	How did you hear about us?	

Have your child received a professional massage before?  Yes  No If yes, when was your last one? \_\_\_\_\_

What results would you like your child to achieve through massage therapy? \_\_\_\_\_

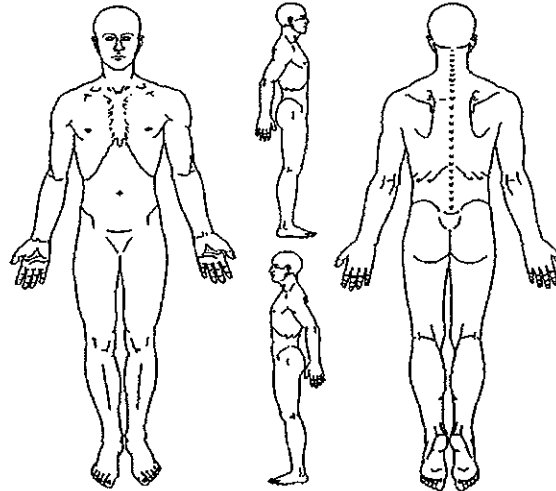
Is your child currently under the care of a medical practitioner?  Yes  No For what? \_\_\_\_\_

Please list all medications/supplements your child is currently taking: \_\_\_\_\_

Please list any allergies your child may have: \_\_\_\_\_

Please list all your child's activities (Include frequency): \_\_\_\_\_

Please use these diagrams to indicate the main area of concern as well as any other areas of pain, stiffness, discomfort or injury in your child's body:



**Physical Stress**  
Has your child had any surgeries?  Yes  No When and for what? \_\_\_\_\_

Has your child had any Trauma/injury/fractures?  Yes  No Explain? \_\_\_\_\_

Please list any prolonged postures or positions your child holds their body in for extended periods, past or present. \_\_\_\_\_

Please check any of the following symptoms or conditions that apply to your child:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Arthritis                            | <input type="checkbox"/> Nausea             | <input type="checkbox"/> Heart Condition            |
| <input type="checkbox"/> Osteoporosis                         | <input type="checkbox"/> Migraines          | <input type="checkbox"/> Poor Circulation           |
| <input type="checkbox"/> Any Numbness or Tingling             | <input type="checkbox"/> Fatigue            | <input type="checkbox"/> High or Low Blood Pressure |
| <input type="checkbox"/> Changes in hand/feet temperature     | <input type="checkbox"/> Anxiety/Depression | <input type="checkbox"/> Skin problems              |
| <input type="checkbox"/> Changes in normal muscle strength    | <input type="checkbox"/> Ringing in ears    | <input type="checkbox"/> Poor digestion             |
| <input type="checkbox"/> Changes in balance or co-ordination  | <input type="checkbox"/> Blurred Vision     | <input type="checkbox"/> Acid Reflux                |
| <input type="checkbox"/> Asthma or other Respiratory problems | <input type="checkbox"/> Bleeding Nose      | <input type="checkbox"/> Bloating                   |

Is there anything else about your child's health or life circumstances which you think may be relevant? \_\_\_\_\_

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## INFORMED CONSENT

I hereby request and consent for my child to receive Massage Therapy from a Registered Massage Therapist in this office.

I agree to communicate with my Massage Therapist in order to build a treatment plan that will suit my child.

I understand that as the legal guardian of this minor, I am welcome to stay in the room.

I understand that Massage Therapy is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, improve circulation, improve body awareness, increase sense of well-being, and offer a positive experience of touch.

The general benefits of massage, possible massage contraindications and the treatment procedure have been explained to me. I understand that massage therapy is not a substitute for medical treatment or medications, and that it is recommended that I concurrently work with my Primary Health Care Provider for any condition my child may have.

I am aware that the massage therapist does not diagnose illness or disease, does not prescribe medications, and that spinal manipulations are not part of massage therapy.

I have informed the massage therapist of all my child's known physical conditions, medical conditions and medications, and I will keep the massage therapist updated on any changes.

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LEGAL GUARDIAN NAME

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LEGAL GUARDIAN SIGNATURE

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DATE

I understand that there is a cancellation fee for missed appointments with less than 24 hours notice

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*please initial*